

# Walking With You On The Colorful Journey To Healing.

## About Me

### Enjoy Compassionate, Personalized Care Designed For Your Unique Journey.

Colorful Journey Therapy LLC is a mental health and wellness practice dedicated to providing innovative, person-centered therapeutic services that promote healing and personal growth. My goal is to be a beacon of hope and transformation for individuals seeking deeper emotional well-being, and to contribute to a world where mental wellness is accessible, destigmatized, and celebrated.

Learn More



**Compassionate Care**  
Personalized, evidence-based treatment designed to meet your unique needs.

**Telehealth Sessions**  
Secure, convenient virtual appointments available to fit your schedule.

## Therapies

### Featured Services

Explore a wide range of evidence-based mental health services tailored to support your unique journey.

**Psychiatric Evaluation**

Involves comprehensive clinical interviews, mental status examination, medical and psychiatric history, and when necessary, laboratory collection. Information from family and other healthcare providers.

**Medication Management**

A structured and ongoing process aimed at optimizing a patient's mental health treatment through careful selection, monitoring, and adjustment of medications for symptom reduction and to improve the patient's overall functioning and quality of life.

**Psychotherapy**

A collaborative process designed to help individuals address emotional, behavioral, and psychological challenges in a supportive, confidential setting. Understanding and resolving difficulties by developing coping strategies and improving interpersonal relationships, promoting personal growth and well-being tailored to individual's needs.

**ADHD Testing**

ADHD testing to confirm ADHD diagnosis, identify symptom patterns, and to guide treatment.

**Genetic Testing**

Explore how your genetic profile, in an individual's DNA, lifestyle medicine coaching - to help patients make sustainable, evidence-based changes to improve their overall health and well-being.

**Personalized Care Plans**

A tailored treatment strategy designed to meet a person's unique mental health needs, goals, and circumstances.



1.5K+ Happy Clients

## Why Choose Us

### Compassionate, Expert Care In A Safe And Inclusive Environment.

- Client-Centered**  
Your goals and values shape your treatment.
- Safe & Inclusive**  
Welcoming space for all, including LGBTQIA+ individuals and professionals.
- Affordable Options**  
Transparent pricing and flexible scheduling.



I am in-network with Aetna, Ascension (SmartHealth), Blue Cross Blue Shield of Massachusetts, Caredon Behavioral Health, Cigna, Horizon Blue Cross and Blue Shield of New Jersey, Independence Blue Cross Pennsylvania, and Quest Behavioral Health, but I can provide a superbil for you.

Colorful Journey Therapy

## Testimonials

### Hear From Those Who've Walked This Journey With Us.

Discover real stories from patients who found hope, healing, and growth through our care. Their experiences reflect the compassion and support we bring to every journey.



Clinical Social Work/Therapist, LCSW, Claire is a professional and compassionate provider whom I strongly endorse. She is skilled at engaging her clients due to her strong rapport building skills, and very knowledgeable about different approaches and options for her clients to choose from.

**Melissa Miller**  
Client Social Work/Therapist

## Exclusive Packages

### Transform Your Mental Health Journey With Customized Care.

Explore bundled treatment options that combine evaluations, therapy, and coaching for ongoing support.

Book Appointment

## Prices

### Pricing & Policies

- Psychiatric Evaluation (1 hour): \$300 weekdays | \$400 weekends/after-hours
- Medication Management (30 minutes): \$150 weekdays | \$200 weekends/after-hours
- Psychotherapy: \$150 (1 hour) | \$75 (30 minutes)
- Paperwork: \$30/page
- Medical Record Copy/Fax: \$1/page

### Cancellation Policy:

\*Appointments must be canceled within 48 hours prior to the scheduled appointment time, failure to do so will result in a No-Show Fee equivalent to the full amount of the appointment. \*\*All fees must be paid in full before scheduling a follow up visit\*



Email

Send